—Engagements—

Jones-Whitford

Mr. and Mrs. Charles Jones of Bonta Bridge Road, Jordan have announced the engagement of their daughter, Debora Lynn, to Grant D. Whitford, son of Mr. and Mrs. Russell Whitford of Route 370, R.D. 1, Cato.

Miss Jones, is a member of the class of 1983 at Cato-Meridian High School and will enter International Beauty School in Auburn in February.

Mr. Whitford, also a member of the Class of 1983 at Cato-Meridian, will attend Lincoln Welding School in Cleveland, Ohio in February.

A July wedding is planned.

Debora Jones
...July nuptials

Pollock-Dennison

Mr. and Mrs. Richard Pollock of Route 370, R.D. 2, Cato, have announced the engagement of their daughter, Patricia Jean, to Joseph D. "Jody" Dennison, son of Mr. and Mrs. Lyle Dennison of Route 370, R.D. 1, Cato.

Miss Pollock, a graduate of Cato-Meridian High School, is employed at Century House in Auburn.

Mr. Dennison, also a graduate of Cato-Meridian High School, is employed in the family operation of Denn-E-Dale Farm.

No date has been set for the wedding.

Patricia Pollock
...No date set

Book reviews

United Press International

Robert Lowell, by Ian Hamilton (Random House, $19.95)

Among those of us who knew Robert Lowell when he was a graduate student at Louisiana State University there were some who wondered whether he would live up to his illustrious name.

Lowell had described himself repeatedly after his arrival in Baton Rouge in the early 1940s as "the last living direct descendant of James Russell Lowell." Soon his detractors would nudge one another and say, "Don't look now, but here comes the last living direct descendant of James Russell Lowell."

He called himself a poet, pronounced his work as "pomes" and talked about rhyming "June" and "moon," and all of the intellectuals who frequented Brechtel's Tavern on Highland Road near the campus laughed at the big fellow.

Of course, Lowell had the last laugh. He did live up to the name. He became one of the outstanding American poets of the middle century. He won the Pulitzer Prize for poetry as well as other literary awards.

Those who snickered at Lowell at Brechtel's or argued with him about his newly acquired Thomist beliefs would not invite him outside for a fight, perhaps because he looked more like a fullback than a poet. And he was known to be good with his fists.

Now those who wondered what made Lowell tick can find out by reading Ian Hamilton's biography. They will see why Lowell — his friends called him Cal for "Caliban" or "Caligula," according to his mood — sometimes acted in a peculiar manner. He was prone to violence and once beat his father, whom Hamilton says he despised. He was in and out of mental hospitals where he sometimes was given electrical shock treatments for manic depression, and two of his three marriages ended in divorce while the third was shaky at the time of his death at the age of 60.

Hamilton notes that Lowell sometimes went to extremes. He tried to get a commission in the Army. When he was not accepted he declared himself a conscientious objector, and served four months of a one-year prison sentence before being paroled.

And Hamilton seems to wince in reporting that Lowell shucked his Roman Catholic religion when he felt it had served its purpose.

Hamilton does not present a pretty picture in this probe into the life of a disturbed man who died in a taxicab on his way to New York's John F. Kennedy Airport. But he offers an interesting study of a person who overcame his personal misery and suffering with his poetry.

The Swallow and the Tom Cat: A Love Story, by Jorge Amado, translated by Barbara Merello

Delacorte-Eleanor Friede, $10.95)

Jorge Amado's 34-year-old fable, "The Swallow and the Tom Cat: A Love Story," has two of the best elements of a good book: a beginning that immediately beguiles and an ending so startling it must be read twice.

The slim volume filled with child-like illustrations by Carybe opens as casually as a breeze:

"Here comes Morning, slow and sleepy, three quarters of an hour late on the job as usual. She can hardly muster up the energy to open her eyes as she trails her lazy way among the clouds."

The delightful prose of Amado, translated by Barbara Merello, continues in its fanciful, folksy way for 96 pages. But the reader who thought he was enjoying a whimsical yarn about cartoon characters realizes in the last few sentences he has been served up much stronger stuff.

The fable is simple. Morning, a wistful daydreamer notorious for her tardiness, tells the story of the two lovers to Father Time to win a pardon for particularly flagrant behavior.

The story is a predictable sermon about prejudice. The ending, however, is not predictable. Despite its raffish illustrations by Carybe, "The Swallow and the Tom Cat" is a love story not intended for children.

Amado, a Brazilian, has written nine other books, including "Tent of Miracles" and "Dona Flor and Her Two Husbands."

"The Swallow and the Tom Cat" was written in 1948 and published in Brazil in Amado's native Portuguese. The Delacorte edition is the first in English, and is a delightful introduction to Amado's other works.

Musical on stage

Patrice Munsel (center) Janet Powell, (L) and Robin Taylor, star in the Broadway musical, "Tintypes" at the Civic Center at 8:30 p.m. on Jan. 11. The show focuses on turn-of-the century America. Tickets are available from Syracuse Symphony Famous Artist, 411 Montgomery St., Syracuse 13202.

—New arrivals—

AUBURN MEMORIAL HOSPITAL

Mr. and Mrs. Vincent Parisi of R.D. 3, West Genesee Road had a 7 lb. 15 oz. daughter, Rachael Elizabeth, on Dec. 19. Mrs. Parisi is the furmer Miss Sharon Wood.

Mr. and Mrs. Steve McKay of Goose Street, Locke, had a 7 lb. 14 oz. daughter, Cara Anne, on Dec. 20. Mrs. McKay is the former Miss Kathryn St. John.

Mr. and Mrs. Robert D. Cruz of Port Byron had an 8 lb. 8 oz. son, Kevin Michael on Dec. 20. Mrs. Cruz is the former Miss Barbara Kalron.

Mrs. Robert Showens of Clinton Road, Jordan, and the late Robert Showens had a 7 lb. 15 oz. daughter, Jennifer Lynn on Dec. 20. Mrs. Showens is the former Miss Brenda Thorp.

Mr. and Mrs. Louis J. Charles, Jr. of 120 Pulsifer Dr. had a 6 lb. 11 oz. son, Ryan Louis, on Dec. 21. Mrs. Charles is the former Miss Teresa Ryan.

Mr. and Mrs. Elmer S. Fethers Jr. of Ledyard Road, King Ferry had a 7 lb. 13 oz. daughter, Teresa Mae, on Dec. 21. Mrs. Fethers is the former Miss Ruth Bartholf.

Mr. and Mrs. Bruce Hatfield of Scipio Center had an 8 lb. 14 oz. son, Christopher John, on Dec. 21. Mrs. Hatfield is the former Miss Marcia Carpenter.

Mr. and Mrs. Timothy J. Filer of R.D. 1 Union Springs had a 7 lb. 11 oz. daughter, Katrina Claire, on Dec. 22. Mrs. Filer is the former Miss Kristine M. Hopkins.

Mr. and Mrs. Michael Speno of 5 Grant Ave. had a 6 lb. 6 oz. daughter, Stephanie Ann, on Dec. 22. Mrs. Speno is the former Miss Cynthia Maciulewicz.

Mr. and Mrs. David Kehoskie of 175 Van Anden St. had a 7 lb. ½ oz. son, Keith Edmond, on Dec. 23. Mrs. Kehoskie is the former Miss Doreen Jean Brown.

Mr. and Mrs. Kevin Kelly of 151 Osborne St. had a 6 lb. 7 oz. daughter, Katherine Rose, on Dec. 23. Mrs. Kelly is the former Miss Lynne H. Gallow.

Mr. and Mrs. Kenneth Buchanan of 63 Van Anden St. had an 8 lb. 10 oz. son, Kenneth Scott, on Dec. 23. Mrs. Buchanan is the former Miss Teresa Skiff.

Mr. and Mrs. Thomas Keebler of 10 Kane Ave., Skaneateles had a 6 lb. daughter, Pamela Annette, on Dec. 24. Mrs. Keebler is the former Miss Maria Indelicato.

Mr. and Mrs. Joseph DeNardo of Healy Road had a 7 lb. 13 oz. daughter, Angela Sue, on Dec. 24. Mrs. DeNardo is the former Miss Kerry Hodge.

Mr. and Mrs. Kenneth Deyo of Savannah had a 7 lb. 14 oz. son, Shawn Michael, on Dec. 25. Mrs. Deyo is the former Miss Bonnie Dayton.

Mr. and Mrs. James Franklin of 19 Frederick St. had a 7 lb. 7 oz. daughter, Jessica Rae, on Dec. 26. Mrs. Franklin is the former Miss Denise Gleason.

SYRACUSE

Joseph Francis and Kathy Lee Dillman had an 11 lb. daughter, Shaylem Lee, on Dec. 7 in Community General Hospital.

Great decisions at center

AUBURN — The Great Decisions 1983 program begins at 10 a.m. Friday at the Edward T. Boyle Center.

It will meet for nine weeks. Among the topics to be discussed will be U.S. and Soviet Relations, Trade and Unemployment, Nuclear Proliferation, and Inter-American Security.

Anyone interested in joining the group should call the program office at the center.

Basement smokers

TOPEKA, Kan. (UPI) — Smokers who visit the governor's mansion in the future will be sent to their own room when they light up — a smoking section in the basement of the country estate.

Karen Carlin, wife of Gov. John Carlin, Wednesday announced a smoking ban was put into effect two weeks ago at Cedar Crest. But visitors — no matter who they are — will be allowed to puff away in the basement. There are no smokers in the state's first family.

Mrs. Carlin made the announcement at a news conference on the status of Project Vote, a program aimed at stamping out smoking in offices at both public and private agencies.

Winner won't quit

MARSHALLTOWN, Iowa (UPI) — His bills are paid and he plans to buy a new car with part of the $67,000 he won in a national contest but James E. Adams, a laid-off factory worker, says he will not give up his job as a school bus driver.

"The money won't change my lifestyle that much," Adams said Wednesday. "However, I paid all the bills and put $10,000 in savings."

He said he will stay with his driving job, even though "it's a full-time commitment that pays like a part-time job."

Adams, twice married but now single, learned of the Publisher's Clearing House prize while watching television Monday night.

He was contacted by the company last week and told to telephone a representative of the contest, who was with him when the announcement was made on all three networks.

"Everybody told me I had won it, but I figured I probably won a transister radio or something," he said. "I'm just beginning to believe it now."

Lament of running through pain

By CLARK McKINLEY

SACRAMENTO, Calif. (UPI) — I read the other day that Alberto Salazar, the world's top marathoner, withdrew from a race because he wasn't in top form.

The news was some comfort to me because I have been hobbled since the Oakland Marathon a year ago.

A few weeks after the 26.2-mile race, I received a mailed certificate showing my time was about an hour over Salazar's world record, fast enough to qualify for the prestigious Boston Marathon.

The problem was that I had left Oakland with more than a keepsake race T shirt. I also had a pain in the back of my upper right leg. It was mild at first, becoming chronic only after my reckless plunge into the healing arts.

What followed is a sorry tale of self-help gone wrong.

At first I tried the "run through pain" tactic, increasing my weekly mileage from 55 to 70 miles. Instead of running through pain, I ran into it.

Somewhere I read that stretching was the key, so I had my wife grasp my extended leg and stretch it back as far as mechanics allowed. The pain was so bad I had to quit running for six weeks.

My rehabilitation program led me next to weight lifting. That went awry because I used too much weight and worked the wrong muscles.

Thinking the problem might be worn shoes, I bought new ones that turned out to be the worst kind for my type of foot.

Other remedies involved ice packs, almost 3,500 miles of bicycle riding and liberal applications of DMSO, an industrial solvent suspected by health authorities but praised by athletes for its supposed healing properties.

During the long recovery I ran slowly and sparingly, consoled only by the knowledge that I was in good company.

Running books told me that just about everybody who pounds the roads more than 60 miles a week eventually will have some kind of injury. Especially prone are world-class runners who cross the fine line between peak fitness and breakdown. Some of them spend a third of their time on the shelf.

Go to a marathon sometime and listen to the conversations. It's the kind of talk you hear in doctors' waiting rooms.

In my own 15-year career as a recreational athlete, I've had shin splints from running on concrete sidewalks with cheap shoes, sprained ankles from stepping in potholes, knee pain and muscle spasms.

I also managed to cope with blisters, callouses and blood-blackened toenails. But I couldn't cure my hamstring pull, so in desperation I turned to Randall Sarte, a sports medicine physician recommended by a local sporting goods store.

In Sarte's office a few weeks ago, I knew I had come to the right place. A credential from the American Academy of Podiatric Sports Medicine hung on the wall with Sarte's framed collection of personal running pictures. "Runners World" was in the magazine rack.

Sarte took notes on my story, measured my leg length, my arch, the movement of my foot. He tapped bones, kneaded muscles, watched me walk the hall.

He told me that the mechanical defect that predisposed me for injury wasn't a problem of the leg, but of the foot.

Kung Fu master slows up

United Press International

SLOWING DOWN: Age is finally catching up with **Hai Deng**, a Chinese Kung Fu master. The Peking newspaper China Daily says, as a youth Hai Deng could balance upside down on one finger for two hours. Now, at 78, he needs to use a finger and a thumb.

NIGHT AFLOAT: **President Reagan** and his wife, **Nancy**, have accepted an invitation from **Queen Elizabeth** to spend the night of their 31st wedding anniversary March 4 aboard the Royal Yacht Britannia. Buckingham Palace says the Reagans will board the yacht in San Francisco during a Feb. 28-March 7 royal tour of the United States by the queen and **Prince** Philip. The two heads of state met for the first time last summer when Reagan made a tour of Europe after the Versailles summit meeting. The Reagans stayed at Windsor Castle at that time.

NANCY'S STYLE: First lady **Nancy Reagan** is one of 10 Top Style Makers of the Year named by the National Hairdressers and Cosmetologist Association. The 50,000-member hairdressers organization will choose one of the 10 as National Style Maker of the Year in March. Also in the top 10: actresses **Raquel Welch**, **Lynda Gray**, **Loni Anderson**, **Linda Evans** and **Morgan Fairchild**, and singers **Diana Ross**, **Sheena Easton**, **Olivia** Newton-John and **Barbara Mandrell**.

WHILE THE GOING'S GOOD: **Ned Tanen**, riding high as president of Universal Pictures with the phenomenal success of "E.T. The Extra-Terrestrial," is stepping down as head of the giant movie and TV production company to become an independent producer. He will be replaced by Universal's distribution and marketing chief, **Robert Rehme**. **Sid Sheinberg**, president of Universal's parent company, MCA Inc., says Tanen, 51, will become an independent producer "working in everything from feature films to pay TV to records, all in association with our company." Rehme, 47, formerly president of Avco Embassy Pictures, will be named president of MCA's motion-picture group.

BACK TO OLE MISS: **James Meredith**, 49, who broke the color barrier at the University of Mississipi in 1962, has applied to the school for a teaching or administrative position to enable him to carry out his plan for the reunification of all black people. "I have come to the point in my life and work where I can no longer remain the staunch individualist and loner," Meredith says. "In order to have the greatest effectiveness, it is now necessary to become associated with an institution or organization." Meredith also said he has asked **President** Reagan to consider establishing a Black African Development Volunteer Corps, along the lines of the Peace Corps, to further aid development of African nations.

NOT ONE CENT...: While most Americans are thinking about paying their income taxes, **Katherine Kohrman** of Brattleboro, Vt., is thinking about not paying hers. Ms. Kohrman, an anti-war activist, made news in 1982 by refusing to pay income taxes in order to protest military spending. She says she will continue her tax resistance movement in 1983. Ms. Kohrmon, 26, complied with a court order to turn over her 1979 and 1980 tax records to the Internal Revenue Service. But she refused to hand over her 1981 records, and also refused to pay a $300 fine imposed by a federal judge. The IRS still hasn't billed Ms. Kohrmon for her back taxes. A spokesman said, "The wheels of government grind slowly. Just because it's taken what may seem to some people to be a long time, I don't think she should feel safe."

QUOTE OF THE DAY: South African snake park curator **Austin Stevens**, 32, is in the second week of an attempt to beat his own record of 52 days living in a cage filled with deadly boomslangs, cobras, puff adders and black mambas at the Hartbeespoort Snake Park, near Johannesburg. He says, "The big problem is sleeping. They crawl everywhere — under the pillow, in the blankets. The danger is rolling on top of one of them or slapping one by accident in your sleep. Then there's this black mamba which has been very restless and is upsetting the others"....

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